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## STOOL SHIPPING INSTRUCTIONS / LIST OF CONTENTS

### **Stool Kit Shipping Instructions:**

Please Note: <u>Sample containers must be labeled with the patient's name.</u> <u>Unlabeled specimens will be rejected.</u> Please consult the List of Contents below to ensure all of the kit materials have been provided. You can download a copy of this form for your own records at: <u>www.frylabs.com/forms</u> This kit is IATA, DOT, and USPS compliant for "Category B UN3373".

## **Before You Begin:**

If at any time you get stool on yourself or in an unintended location, stop the procedure and use appropriate disinfectants and sanitizing agents to clean up the area. Appropriate stool sampling should be performed with no contact to stool other than by the provided sample swab. Take your time to ensure these steps are performed cleanly and safely. Contact the laboratory if you have questions about sampling. Your healthcare provider may also provide assistance in sampling if required.

- 1. Check the expiration date listed on the exterior box of the collection kit.
- 2. Freeze the cool pack that is included with the kit.
- 3. Open the swab pouch and legibly label the plastic tube with your name, collection date, and collection time. Be careful to not touch the white cotton swab or remove it from the plastic tube.
- 4. Turn the water off to the toilet. Flush the toilet to remove any water in the bowl. Several flushes may be necessary.
- 5. Use the toilet as normal. Do not place toilet paper on top of the stool in the toilet bowl. Place it to the side. Wash your hands thoroughly with soap and water. Dry hands thoroughly.
- 6. **Only** grasp the swab stem and carefully remove from the plastic tube. It is important that you do not touch the white cotton tip to any surfaces or yourself as it may contaminate the swab with non-stool bacteria. It is very important that the swab does not come in contact with the toilet bowl surface.
- 7. Select an area of the stool that is in the middle of the stool that remained undisturbed when it was deposited into the toilet. Insert the white cotton tip into the stool (only the cotton tip). **Do not scoop the sample.** Simply insert the swab, wait for 5 seconds, and remove it from the stool. Plenty of material will adhere to the surface for testing.
- 8. Carefully place the swab into the provided sample tube without touching the rim of the tube. Break the swab stem at the score mark by bending the stem to one side. Discard the extra swab stem.
- 9. Firmly close the sample tube with the provided sample cap. Ensure the sample is labeled with the patient identifying information. Place the sample tube inside of the provided clear biohazard bag and seal closed. Place this bag into the foil pouch along with the frozen cold pack and seal. Place the foil pouch into the provided shipping box.
- 10. Wash your hands thoroughly with soap and water. Dry hands thoroughly. Place the test requisition form and this instruction sheet into the shipping box on top of the foil pouch. Place the shipping box inside the FedEx shipping bag and seal the bag shut.
- 11. Take the package to your nearest FedEx location and they will help you from there. Go to <a href="http://fedex.com/us/">http://fedex.com/us/</a> or call 1.800.463.3339 to determine the nearest FedEx location or for assistance with your shipping needs.

# **List of Contents:**

This item list must be placed between the secondary receptacle(s) and outer packaging in accordance with IATA Packing Instruction 650.

<u>X</u> Sample Swab <u>X</u> Absorbent Pad(s) <u>X</u> Instructions/List of Contents <u>X</u> Foil Pouch

<u>X</u> Resealable Biohazard Bag <u>X</u> Cool Pack <u>X</u> Outer Box <u>X</u> Stool Test Requisition